**Pastor Demetric Felton Sr. August 27, 2023**

**Finding True Rest**

Matthew 11:20-30

**Key Truth:** The only requirement for following Jesus is to humbly recognize your need of Him.

**Jesus Rebuked The Unrepentant Cities**:

1. They rejected His Message.

2. They were indifferent to His Miracles.

3. They ultimately rejected Him as their Messiah.

**Jesus Praises The Father’s Sovereignty** **In Salvation**:

1. Even through rejection, Jesus is still glorified.

2. The cities were blinded by their legalistic religious pride.

3. The greater the revelation, the greater the responsibility.

4. To reject Jesus is to reject God, to believe in Jesus is to

 believe in God. John 14:1-2

**Jesus Invites The Weary To Come And Rest**:

1. Jesus still invited them to a life of freedom.

2. Jesus is the only One who can give us the rest that our

 souls desire.

3. An invitation to discipleship to Jesus alone includes:

 A. Exchanging your burdens for His yoke and burden.

 B. Learning from Jesus how to live life as God intended.

**Taking It Beyond The Walls:** Don’t stress about life but rather choose to rest in Jesus’ love, grace, and mercy.

**Food For Thought:**

Based on the events of an average week of your life, is rest something you value?

Why is it so hard for us to find time to rest?

What is the biggest burden that keeps you from resting?

What burdens do you have that you have been unwilling to release? What do you need to lay on the yoke of Jesus?

Read Galatians 6:2.:How do we bear each other’s burdens in the church? Why does coming to Jesus not mean that we reject the help from other believers?

Think about the burdens in your life that Jesus has removed and taken upon Himself. With whom could you share the work that God has done to give you rest and remove your burdens?