**Pastor Demetric Felton October 23, 2022**

**Where Is God When It Hurts?**

Psalm 6:1-10

**Key Truth:** The Lord is attentive to the prayers of His children, especially those in pain.

**Truth About The Book of Psalms**:

1. The Psalms teach us that we can open our hearts completely

 to God.

2. The Psalms teach us that as believers we go through different

 seasons of life.

 A. Some seasons are times of praise and triumphant.

 B. Some seasons are times of pain and discipline.

3. The Psalms teach us that no matter what season we are in

 God is to be worshipped and praised.

**David’s Agonizing Prayer**:

1. David ask for God’s mercy and deliverance at the same time.

 A. Sometimes our pain can blind us to blessings of God.

 B. We have the freedom to be honest with God about our

 frustrations.

2. God answers our prayers not based on our goodness but

 rather from His deep love.

 A. God answering our prayers should lead to life of constant

 praise.

3. Don’t be afraid to pour out your heart to God.

 A. We must remember that when we hurt, we are not alone.

4. We can be confident that God will fight our battle and give us

 deliverance.

 A. We must leave judgement in the hands of God.

**Taking It Beyond The Walls:** Thank God that He hears and sees our pain, and that He is pro-active to help us through our sorrows. Pray that we would be aware of the sorrows and difficulties of others and be moved to pray for them as well.

**Connection Group Study Questions:**

Looking back at your notes, was there anything that particularly caught your attention, challenged, or confused you?

How honest are you with God? Do you think that we often fear to tell God how we are really feeling? Have you ever felt that God was distant and not attentive to your prayers?

Does God answer our prayers if we are frustrated with His plan? Do we have the freedom to tell Him that we are frustrated? How can you be certain that it is safe to vent to God?

Read Psalm 6:1-3: What do you think David means by asking the Lord, “How long?” How long for what? Have you ever been told we shouldn’t question God? How does Psalm 6 and other Psalms debunk that myth?

Read 1 Samuel 1:9-18: What stands out to you about the details of Hannah’s prayer?

What did Hannah say she would do if God answered her prayer? How is God glorified through the prayers you ask?

Read John 11:1-16: What did Jesus do after He received the message? Does that surprise you? Why or why not?

Have you ever felt like Mary and Martha? Like you were waiting on Jesus to do something during a time of pain? How did you deal with those feelings?

Take a few minutes to “be still” and write down how you’ve seen God encourage, challenge, or give you hope in the midst of life’s storms. Take some time to thank Him for how He has revealed Himself to you.