**Pastor Demetric Felton Sr. December 29, 2019**

**A New Year’s Resolution…**

Galatians 2:20-21

**Key Truth:** Through the power of the cross, Christians live new lives marked by sacrifice and holy living.

**A Resolution Worth Keeping:**

1. Adopt the motto “Less Of Me And More Of Jesus”.

2. Exercise your faith in Jesus Christ.

3. Lose the weight of habitual sin in your life.

4. Change your spiritual diet. Psalm 1:1-2

 A. Don’t waste time in the past.

 B. Don’t waste time living with regret.

 C. Don’t waste time with negative people.

5. Embrace change.

 A. To go where you have never been you can’t keep

 traveling down the same road nor with the same

 people.

**Taking It Beyond The Walls:** Pray that He would reveal places in your lives to put off the old self and put on the new self. Pray that God would help each of you to continually experience transformation on a daily basis. Pray that the members of our church would live in a way that reflects our new identity.

**Food For Thought**

What are some of your favorite things to buy new or to replace? New clothes? New shoes? New electronics? New home appliances?

What’s the first thing you do with something new that your purchase?

What makes us enjoy “newness” so much?

Read Romans 6:1-7: In chapters 6–8 of Romans, Paul helps us understand what sanctification (growing in faith and being changed by God) looks like. Chapter 6 focuses specifically on freedom from the bondage of sin. He began by answering the rhetorical question, Why don’t we commit more sins so we can receive more grace? If someone were to ask you this question, how would you respond?

What does it mean to be free from the bondage of sin? Do you live as if you’re still enslaved to sin? How can you tell?

If we are no longer enslaved to sin, every sin we commit is our deliberate choice. How will realizing this encourage you to trust and obey the Lord instead of choosing to sin?

Read Ephesians 4:17-24: What does it mean “to put off your old self”? To “put on your new self”? What does that tell you about the old nature and new nature?

What are the things in the world that are the hardest to take off? How do those things hurt spiritual transformation?